



SPECIAL OLYMPICS ATHLETE'S CODE OF CONDUCT

The Athlete Code of Conduct holds all Special Olympics athletes to the highest standards of competition in keeping with the Olympic spirit. All Special Olympics competitors are ambassadors for the Special Olympics movement all around the world.

As a Special Olympics athlete, I pledge that:

SPORTSMANSHIP

- I will practice good sportsmanship.
- I will act in ways that bring respect to me, my coaches, my team, and Special Olympics.
- I will not use bad language.
- I will not swear or insult other persons.
- I will not fight with other athletes, coaches, volunteers, or staff.

TRAINING AND COMPETITION

- I will train regularly.
- I will learn and follow the rules of my sport.
- I will listen to my coaches and the officials and ask questions when I do not understand.
- I will always try my best during training, divisioning, and competitions.
- I will not "hold back" in preliminaries just to get into an easier final heat.

RESPONSIBILITY FOR MY ACTIONS

- I will not make inappropriate or unwanted physical, verbal, or sexual advances on others.
- I will not smoke in non-smoking areas.
- I will not drink alcohol or use illegal drugs at Special Olympic events.
- I will not take drugs for the purpose of improving my performance.
- I will obey all laws and Special Olympics rules.

I AM SAYING THAT:

- I have read (or have had read to me) the Athlete Code of Conduct.
- I agree to obey this Athlete Code of Conduct.
- I understand the words and meaning of the Athlete Code of Conduct.
- I understand that this Athlete Code of Conduct is a general guide for my conduct and does not describe all types of good and bad behavior.
- I understand that if I do not obey this Code of Conduct my Program or a Games Organizing Committee for a World Games may not allow me to participate.